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PARTY IN THE USA

Everything you need to know for celebrating the Fourth of July in NYC. 15-18

ISTOCK

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Mexico out at WC Round of 16 again, Belgium pulls off incredible comeback. 19

5 THINGS TO KNOW

WELCOME TO METRO.US

EVA KIS, FEATURES EDITOR

Yes, we're in the middle of a heat wave, but it's the Fourth of July — spending it alone in your apartment would be un-American! So we've got your guides to the best parties with fireworks views and, if you're a little light on cash, all the free parks and promenades to watch the action. There's even a special beer launching on July 4 to support the ACLU! So put on your best red, white and blue ensemble and get out there!

TRUMP, LOPEZ OBRADOR DISCUSS IMMIGRATION

1 President Donald Trump and Mexico's next leader, Andres Manuel Lopez Obrador discussed immigration, trade and security issues in a phone call on Monday. Lopez Obrador, a 64-year-old former mayor of Mexico City, won a landslide election victory on Sunday, dealing a crushing blow to establishment parties and becoming the first leftist to win the Mexican presidency since one-party rule ended in 2000. Relations between Trump and Lopez Obrador will be closely watched because Trump has regularly criticized Mexico. In comments to reporters, Trump said he believed Lopez Obrador would help the United States secure its southern border. "I think the relationship would be a very good one. We'll see what happens, but I really do believe it's going to be a very good one," Trump said. He said that in the phone call, they had touched on a possible trade deal between the United States and Mexico. Shortly afterward, Lopez Obrador gave his account of the call in a Twitter post, saying he had proposed a comprehensive deal to create jobs, lower immigration and improve security.

DIRECTV TO HIKE PRICES AS CONTENT FEES RISE

2 AT&T Inc. said on Monday it is raising the price of its DirecTV Now streaming service by $5, the latest increase in the industry following a similar price hike by Dish Network Corp's Sling TV. Traditional cable and satellite TV companies are losing customers as viewers move to cheaper services like Netflix Inc. or Google's YouTube TV, but are raising prices for their online streaming packages as content costs continue to rise with growing production costs. DirecTV Now's cheapest package will increase by 14 percent to $40 per month, beginning July 26 for new customers, AT&T said. The change will roll out to existing customers based on their billing date. Craig Moffett, an analyst with MoffettNathanson, said content costs are likely rising for streaming services in the high single-digits on a percentage basis every year much like similar traditional TV. Moffett estimated that content costs have risen 10 percent for DirecTV Now since it launched in November 2016. "The question is whether customers will stick with [DirecTV Now] or will they react with the same kind of frustration they had with rising cable and satellite bills," Moffett said.

NEW YORK SIZZLES AS EAST COAST HEAT WAVE CONTINUES

3 People enjoyed a hot afternoon at the Astoria Pool in Queens on Tuesday. New York City and much of the East Coast is experiencing higher than normal temperatures with the heat index feeling over 100 degrees. The main pool at Astoria, the biggest in New York City and administered by the New York City Department of Parks and Recreation, sees over 3,000 people on a typical summer weekday. ***Read more on page 4.***

GETTY IMAGES

TRUMP LAWYER COHEN VOWS TO DEFEND HIMSELF

4 President Donald Trump's longtime personal lawyer Michael Cohen vowed to defend himself and protect his family and country first if Trump or the president's legal team tried to discredit him, ABC News reported on Monday. Cohen, in an interview with ABC, indicated he would cooperate with prosecutors investigating his business dealings and probes into Russian meddling in the 2016 U.S. election. "I will not be a punching bag as part of anyone's defense strategy," ABC quoted Cohen as saying in the interview on Saturday and published on Monday. "I am not a villain of this story and I will not allow others to try to depict me that way." Cohen, who has not been charged with any crimes, and his lawyer Guy Petrillo did not respond to requests for comment and neither did The White House. Cohen has expressed worries about the financial burden of his legal defense and complained that he has not received enough support from Trump, according to a friend who spoke with Cohen last month and reported it to Reuters anonymously.

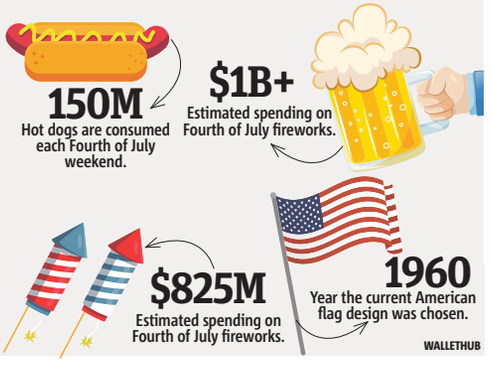
JUNIOR SOCCER TEAM FOUND ALIVE IN THAI CAVE

5 Twelve boys and their assistant soccer coach have been found alive by rescuers inside a Thai cave complex nine days after they went missing, Chiang Rai province's governor said on Monday. In video shot by rescuers as the boys were found, flickering torchlight revealed boys clad in shorts and red and blue shirts sitting or standing on the ground in an underground cave beside an expanse of water. "How many of you are there - 13? Brilliant," a member of the multinational rescue team, speaking in English, tells the boys. "You have been here 10 days. You are very strong." "Thank you so much," one of the boys says. The boys, aged between 11 and 16, went missing with the 25-year-old after soccer practice on June 23 after they set out to explore the Tham Luang cave complex in a forest park near the border with Myanmar. A massive international rescue effort has been under way since with rescue teams battling through thick mud and high water to try to reach the group in the cave network that stretches 6 miles into a mountain.

STATS

FOURTH OF JULY

To help fill you in and pump up your patriotism, we put together an infographic filled with July Fourth fun facts.


150M
Hot dogs are consumed each Fourth of July weekend.
$1B+
Estimated spending on Fourth of July fireworks.
$825M
Estimated spending on Fourth of July fireworks.
1960
Year the current American flag design was chosen.
WALLETHUB

JULY 3 – 9

OUR TREAT

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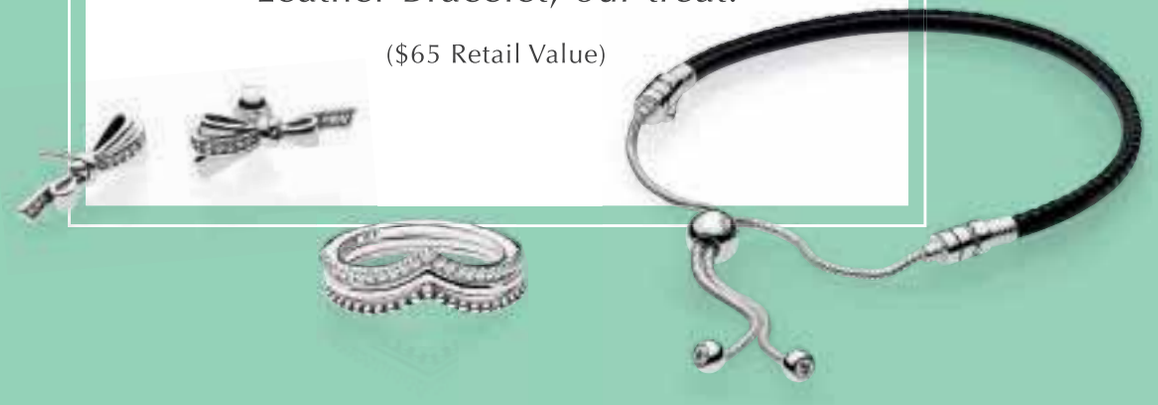

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Sorry New Yorkers, this heat wave ain't going anywhere soon

Your July Fourth barbecue won't be the only thing scorching.

NIKKI M. MASCALI
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90° TUESDAY
Mostly sunny with a high near 90 and heat index values as high as 97

87° THURSDAY
Thursday is expected to also be mostly sunny with a high near 87

Get used to feeling like you're living on the sun as this heat wave and high temps are sticking around New York City for much of the week. ISTOCK

If you think your Fourth of July plans will be the hottest thing about this week, you've got another thing coming as this oh-so-lovely heat wave is expected to stick around for much of the week, according to National Weather Service (NWS) forecasts.

Monday's high was around 93, with a heat index value as high as 98, the NWS said. The weather agency issued an excessive heat warning for the New York City region that was in effect through 9 p.m Tuesday. An excessive heat warning is given when the mix of heat and humidity is expected to make it feel like 105 degrees or more.

"The hot weather will continue into the week, and we urge people to keep safe," said Emergency Management Commissioner Joseph Esposito. "Drink plenty of water, use air conditioning or go to an air-conditioned place and avoid strenuous outdoor activity during periods of intense heat."

The NWS forecasts Tuesday will be mostly sunny with a high near 90 and heat index values as high as 97. July Fourth will offer a slight respite from the 90-degree temps with a high near 87 — and a 20 percent chance of showers and thunderstorms after noon before turning partly cloudy for fireworks festivities.

Thursday is expected to also be mostly sunny with a high near 87, while Friday will be 86 with a 30 percent chance of showers and thunderstorms. Saturday and Sunday will round out Fourth of July week with sunny skies and temps in the low 80s.

The hot and humid weather "can cause heat illness, and even death," warned Health Commissioner Mary T. Bassett. "If you have air conditioning and you have not used it up until now, now is the time to turn it on. Setting it to 'low' or 78 degrees Fahrenheit will keep you cool and keep your bills in check."

Those residents without air conditioning, especially seniors and those with chronic health conditions are urged to find air-conditioned places or go to an NYC Cooling Center, which will remain open through the Fourth of July, officials said.

NYC Cooling Centers are air-conditioned facilities such as libraries, community centers, senior centers and NYCHA facilities that open to the public during heat-related emergencies like we're currently experiencing.

"As always, we urge New Yorkers to be a buddy and check on your neighbors, family and friends who may be at greater risk for heat illness and make sure they are safe and cool," Bassett added.

City sees earliest West Nile virus case since 1999: Health Dept

Most West Nile virus cases are identified between late July and October, officials said, and the confirmed case is the city's earliest since 1999. PIXABAY

The city's Health Department confirmed 2018's first human case of West Nile virus over the weekend. It was the earliest identification of the mosquito-borne illness since 1999. Most cases are identified between late July and October, officials said.

A Manhattan man over the age of 50 was hospitalized with encephalitis early last month and has since been discharged, according to the Health Department, which warned that adults 50 years or older and those with weakened immune systems should protect themselves from mosquito bites.

"The findings from our mosquito surveillance and the early West Nile virus case serve as vital reminders that mosquito season is here and that all New Yorkers should take precautions to protect themselves and their families from mosquito bites," Health Commissioner Dr. Mary T. Bassett said in a statement. "We have one of the best mosquito control programs in the country but West Nile virus is here to stay. To reduce the chance of infection, all New Yorkers — including residents living in Manhattan — should use mosquito repellent, cover arms and legs when outdoors, get rid of standing water and install window screens."

"We have one of the best mosquito control programs in the country, but West Nile virus is here to stay."

Health Commissioner
Dr. Mary T. Bassett

In addition to the Manhattan man's case, the Health Department also detected West Nile virus in mosquitoes around the city, the department said.

The city began its mosquito control program on June 4 with catch basin, ground and aerial larviciding. There are 61 surveillance traps across the five boroughs, and the department said it will spray in areas based on evidence of West Nile virus activity increasing in mosquitoes.

West Nile virus can result in severe illness, including encephalitis, or inflammation of the brain, and meningitis, which can be accompanied by permanent or long-term complications like muscle weakness, fatigue, depression and confusion. Headache, fatigue, rash and fever are among milder symptoms that individuals can experience.

The first case of West Nile virus in New York was in 1999, and the number of annual cases ranges from three to 47, the Health Department said, with 259 confirmed cases overall. Of those, 38 patients, or 15 percent, have died due to their infection.

NIKKI M. MASCALI

HOW TO REDUCE EXPOSURE TO MOSQUITO BITES AND WEST NILE VIRUS

The city's Health Department encourages these ways to reduce your exposure to mosquito bites:

- Use an insect repellent that contains DEET, picaridin, oil of lemon eucalyptus, IR3535 or 2-undecanone.
- Make sure to use window screens, and repair or replace screen with holes or tears.
- Remove any standing water and containers that may collect water. (FYI: Standing water violates city health code.)
- Check that roof gutters are clean and able to properly drain.
- Clean and chlorinate swimming pools, outdoor saunas and hot tubes, and empty or cover if not in use. Drain water that collects in pool covers as well.

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Doctors Urge Knee Pain Sufferers

"Don't Get ANY Surgery Until You SeeThis…"

After Years Of Intense Study, NYC Medical Clinic Finally Reveals It's Best "Treatment Formula" For Helping Knee Arthritis Sufferers... Especially When So Many Other Treatments Have Failed

NEW YORK CITY - If you are even remotely interested in discovering how the latest scientific discoveries can possibly help your knee pain... then this is going is be the most exciting information you ever read.

Here is why: Knee pain can not only be brutal... it's complex. In other words, it's not a simple, easy fix.

But I'm sure you already know that. Or you wouldn't be reading this.

That's the bad news.

Now for some good news...

Over the years, *NYC Pain MD* has treated countless knee pain sufferers. And in that time have been able to constantly improve.

And we have come up with a treatment formula that we have found works best and helps the most patients.

This formula has reduced or even eliminated the pain in many. Some were scheduled for knee replacement surgery and felt good enough to cancel their surgery.

It's amazing when patients who were once in excruciating pain... start feeling better. And start walking again. And playing golf. Or tennis. And finally getting their lives back.

Especially when they had gone to other doctors and tried so many other things.

So many had given up hope.

Sound familiar? If it does... check this out...

The Treatment Formula

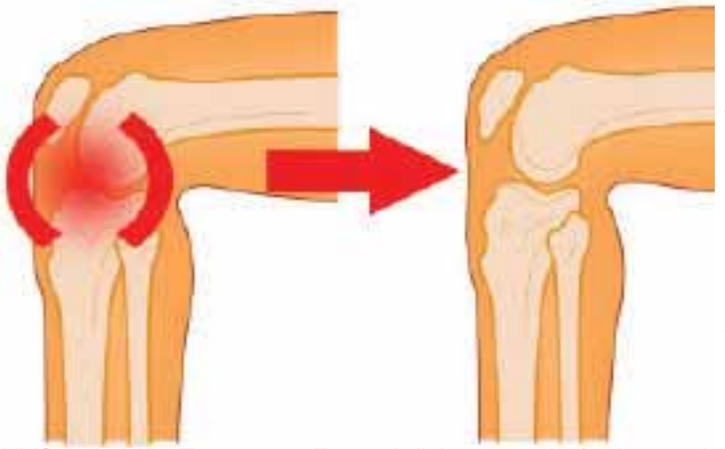
While I can't give you the entire treatment formula here (there is not enough space and WAY too complicated) I can give you the basics. And more important... I can tell you what it might be able to do for YOU.

The first and most important part of the formula is: PATIENT SELECTION.

This means, *NYC Pain MD* has a detailed screening process to tell who is most likely to be helped by their treatments... and who is not.

If you qualify, you have the opportunity to move forward and experience the worldclass treatments that *NYC Pain MD* offers.

If you do not, *NYC Pain MD* will tell you what they think your best options are and help you find the right doctor for you.



NYC Pain MD "**Treatment Formula**" A protocol of advanced medical treatments that has already helped thousands.

If you qualify, NYC Pain MD offers some of the most advanced medical treatments available today all using the most advanced imaging technology including:

- Viscosupplementation (gel injections)
- Platelet Rich Plasma (PRP)
- Stem Cell Therapy (Lipogems)
- Genicular Knee Block
- And more.

Once again, there is not enough space to go into detail about all these procedures... but here are some things you MUST KNOW....

Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

Many have had these treatments *without* good results. However, *NYC Pain MD* feels this is because doctors often do these "gel injections" without advanced imaging to guide them. Research shows they will often miss the joint. If the joint is missed... it is impossible for the treatment to work.

NYC Pain MD has spared no expense and used advanced imaging to guide the injections assuring the medicine gets into the joint. We frequently get results when this treatment was a failure done elsewhere.

The second thing you must know is... our treatment plans are custom made for every patent. And we have all these treatments offered in the same place. Many times you will get the best results from multiple treatments. At *NYC Pain MD* your doctors will all be there and will all know each other and you and your case. They work together and give you the best treatments and care without you having to go anywhere else.

The ability to select the right patients and then have the potential to give them any or all of these treatments... with all the necessary medical technology... under one roof... has allowed *NYC Pain MD* to get better results than they thought possible.

Here's What You Should Do Next

If you suffer with knee pain... and any of this made sense to you... *NYC Pain MD* would like to offer you a No-cost screening. That screening is the first step in our "Treatment Formula."

You will get to see a doctor and ask any questions you have. Your doctor will take the first steps to see if you qualify for treatments and give you recommendations.

The best thing is... you will finally get direction. You will know what's going on and what is your best course of action… step-by-step. The treatments will be explained in detail and you will breathe a big sigh of relief finally knowing what's going on and what can or cannot be done.

There is so much we want to say to help you... but I'm out of space. Give us a call at ***877-296-6310*** and take the first step. That step is free without obligation.

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Say hello, Lyft Bikes, and goodbye, Citi Bike as Lyft has acquired Citi Bike operator Motivate, the ride-hailing company announced Monday. LYFT

Lyft buys Citi Bike operator Motivate

The service will retain its Citi Bike name.

NIKKI M. MASCALI
nikki.mascali@metro.us

Lyft has acquired Citi Bike operator Motivate, the ride-hailing company announced Monday.

"Lyft and Motivate have both been committed for years to the same goal of reducing the need for personal car ownership by providing reliable and affordable ways to move around our cities," John Zimmer, Lyft co-founder and president, said in a statement. "Bringing together Lyft and Motivate will accelerate our collaboration with cities and deliver even better experiences to our passengers and riders."

As part of the acquisition, Lyft will take over Motivate's technology and corporate functions, which include city contracts, the company said, while Motivate's bike maintenance and service operations will stay a standalone business with the Motivate name and continue supporting the bikeshare systems across the country.

"Bringing together Lyft and Motivate will accelerate our collaboration with cities and deliver even better experiences to our passengers and riders."

Lyft Co-founder and President John Zimmer

Motivate is North America's largest bikeshare operator with New York's beloved Citi Bike; Ford GoBike in the San Francisco Bay area; Divvy in Chicago; Blue Bikes in the Boston metro area; Capital Bikeshare in Washington, D.C.; Biketown in Portland, Oregon; CoGo in Columbus, Ohio, and Nice Ride in Minneapolis.

Lyft isn't the first ride-hailing service to dip its toes into the world of two wheels as competitor Uber bought Jump back in April for approximately $200 million. A start-up, Jump is known for dockless, pedal-assist bikes.

While financials of the Lyft-Motivate deal have not been disclosed, previous reports indicated the acquisition would be worth $250 million.

Every bus on the MTA's Q50 and Bx23 now have free bike racks, as do 36 buses on the S53 and S93 routes. YOUTUBE/MTAINFO

MTA seeking public's input on new app, website

Imagine having real-time MTA info like subway, bus and train arrival times, service statuses, nearby stations and more right at your fingertips — and in one place. Well, on Monday, that wish got a little closer as the agency unveiled a beta of its MYmta app and a new mobile-optimized website.

Currently available in the Apple and Google Play stores, the MYmta app also offers unified trip-planning functionality across the MTA's network of buses, subways and commuter rail, as well as the Staten Island Ferry, NYC Ferry, PATH and NJ Transit.

Additionally, MYmta will enable mobility-challenged customers to plan accessible trips across the MTA's network and allow users to customize the app for their favorite lines, stations and more.

Bridge and tunnel functionality will eventually be integrated into later versions of MYmta.

> **"The MYmta app and website are being custom built for MTA customers, by MTA customers."**
> Chairman Joe Lhota

"The MYmta app and website are being custom built for MTA customers, by MTA customers," Chairman Joe Lhota said.

The MTA showed the app to more than 2,000 bus, subway and rail passengers — and 1,500 employees — to garner feedback in the first phase of its outreach campaign.

The second phase begins with Monday's pilot, according to Lhota.

"We are releasing a first draft of the app and asking New Yorkers to try MYmta, test its features and use the customer feedback functions on the app and website to let us know what works, what should be added and what they would like to change," Lhota said.

The app will also give customers "access to insider information from our control centers about planned work and delays," said Managing Director Ronnie Hakim. "Want to know what's going on anywhere in the system? MYmta will tell you."

In the coming months, users will be able to track buses in real-time, report system issues and customize alerts.

Current MTA apps like Subway Time, Bus Time, LIRR Train Time, Metro-North Train Time and The Weekender will continue to function "until the MTA receives enough customer feedback indicating that their needs are better served through the new app and website," the agency said. NIKKI M. MASCALI

BRIEF

Bus bike racks now available on 4 MTA routes in Queens, Bronx and Staten Island

Cyclists who live along four local bus routes in Queens, the Bronx and Staten Island now have the ability to take their bicycles along for the ride as the MTA now offers free, permanent bike racks, the agency announced.

After the successful Bike & Ride pilot on Staten Island in 2015, every bus on the Q50 and Bx23 routes will have the free bike racks, as will 36 buses on the S53 and S93 routes. The initiative rolled out on Sunday. The bike racks are mounted to the front of the bus, and each bus offers space for two bicycles on a first-come, first-serve basis.

While there is no age restriction for straphangers to use the bike racks, they must be able to load and unload their bicycles safely and securely, the MTA said.

"The addition of bike racks is another step in the Fast Forward Plan to improve bus service and attract new ridership," said Darryl C. Irick, president of MTA Bus Company and senior vice president of the NYC Transit Department of Buses. "Bike racks are a great amenity for customers who want to increase their mobility and take advantage of the city's growing network of bike lanes and greenways. The racks help customers transport bikes over a long distance and our buses provide a vital connection for people who need help traversing major crossings such as the Whitestone Bridge."

The Q50 bus, which serves about 4,600 riders each day, runs between Co-op City in the Bronx and Flushing, while the Bx23 connects to the Co-op City Loop and Pelham Bay. Roughly 3,800 straphangers ride the Bx23.

MTA buses that were part of Staten Island's initial bike rack pilot will continue operating during the racks that were installed. Combined, the S53 and S93 bus routes serve 13,000 riders each day. NIKKI M. MASCALI

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THE FOREMAN FORECAST: MORE INDEPENDENT THAN EVER

ANALYSIS

TOM FOREMAN

CNN's Tom Foreman is the author of the book "My Year of Running Dangerously."

Are you proud to be an American? When I was a child, this would have been largely a rhetorical question. Of course, we were proud.

Living in the backwash of the 1950s, which was itself the backwash of World War II, we wallowed in a deep sense that the United States had defended the world from bitter despotism. The American Dream was the reward: a house, a picket fence, 2.5 kids, a dog in the yard and a DeSoto in the garage. What was there not to like? I mean, as long as you weren't female, black, gay, or, well … you get the point.

But these are different days. After decades of boom and bust, we've watched the gap between the haves and have-nots widen into a chasm. Debates rage about race, justice, law enforcement, education, drug rights, religion, sexual identity, freedom, and opportunity.

So perhaps it is no surprise, that a new poll released by Gallup this week shows fewer people saying they are proud to be American; less than three-quarters in fact, which is some six points lower than it was a couple of years ago.

Our recent forays into foreign wars and our treatment of minorities seem to rank pretty far up as primary reasons for folks going negative on the issue. I imagine the Trump effect is playing a role too, although he's not the country — he's just the president.

But I suspect the deepest, unsaid reason is simply that many of us

GETTY IMAGES

are conflicted over what it means to be patriotic now. If you support the idea of America, does that mean you support the administration? Does it mean you are falling in line with current policies on everything from gun rights to immigration? If you say you are patriotic, does that mean you are pledging allegiance to the crippled two-party system?

In short, when someone asks if you are patriotic, you may hear: "Do I believe in the direction the country is going?" or "Do I believe in the ideals upon which the country is built?" And which question you hear, makes all the difference.

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40-04 Forley St, Jackson Heights, NY 11373 Ⓕ Ⓔ Ⓜ Ⓡ 7

59-20 Myrtle Ave Queens, NY 11385 Ⓙ Ⓜ Ⓩ Ⓛ

NEW 1652-03 Jamaica, Ste 200, Queens, NY 11432 Ⓔ Ⓙ 5 Ⓕ

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Long Island:

260 Sunrise Hwy Ste 102

Valley Stream, NY 11581

Suburban NY/Rockland County:

156 Route 59, Ste B1, Suffern, NY 10901

New Jersey:

766 Shrewsbury Ave, Ste 300

Tinton Falls, NJ 07724

81 Route 37 West Toms River NJ 08755

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Russia's soccer coach Stanislav Cherchesov's mustache has become a good-luck phenomenon in Russia. GETTY IMAGES

@BOBROVAICEKATE

TURN TO PAGE 19 FOR MORE CUP COVERAGE.

If You Suffer From Any of These FIBROID Symptoms...

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RUSSIA'S 'MUSTACHE OF HOPE' LEADS THE WORLD CUP HOSTS TO THE NEXT ROUND

Analysis

DMITRY BELYAEV
Metro World Cup correspondent in Moscow

Coach Stanislav Cherchesov's facial hair is the good luck charm that's helped Russia reach the World Cup quarterfinals.

At the stadium and in front of the screens, all of Russia was standing on its feet and holding their breath when striker Iago Aspas was preparing to make the fifth penalty attempt for Spain. And that is not the only thing they were holding. Some had a fake or genuine mustache in their hands for good luck. And it worked, as Igor Akinfeev somehow denied the kick with his left boot, ensuring his team's advancement in the World Cup quarterfinals.

The media is already calling it the "biggest shock of the 2018 World Cup" — Russia beating 2010 winners Spain — made the country forget that the next day is Monday. #HOMEALONe went to the streets of Moscow to feel the spirit of victory of the biggest soccer game ever for the country. Soccer lovers from the host country were praising the team's great per-

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formance, chanting for the goalkeeper, singing the national anthem and dancing. But apart from Akinfeev, who is already considered a hero, local fans believe what helped the squad was — Stanislav Cherchesov's mustache.

The manager's facial hair has become an unlikely source of inspiration after TV talk-show host Ivan Urgant encouraged fans to back the team by sporting mustaches ahead of the tournament.

"Cherchesov needs your support now," the TV host, who launched the campaign, said on Instagram when the World Cup was about to kick off. "Everything is against him: the forecasts, weather, the laws of physics, the anatomy of some football players and simple logic as well. We call upon everyone to grow a mustache and post your photos under the hashtag 'mustache of hope.'"

And that is why some of the fans were holding their facial hair they grew or bought during the most breathtaking moment of the Cup.

Russia appeared to be no-hopers by most observers when the tournament began in June. Even getting out of their group had been seen as beyond their capabilities. Prior to their game against Spain many were pessimistic about the result; however, they've now witnessed their national team's first trip to the World Cup quarterfinals since Mexico 1970.

Thus after the great triumph, the Cherchesov-style mustache has become a true symbol of hope. And even non-believers now have nothing to say, as facial hair is directing the national team of Russia against Croatia. And as fans told #HOMEALONe, the victory would be difficult but no longer impossible.

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Weinstein charged with assaulting third woman, may face life in prison

The former movie mogul's newest charges can carry up to a life sentence.

The Manhattan district attorney on Monday announced new criminal charges against film producer Harvey Weinstein, accusing him of sexually assaulting a third woman in addition to the two mentioned in earlier charges.

The new indictment accuses Weinstein of forcibly performing oral sex on a woman in July 2006. The new charges, which include predatory sexual assault, carry a sentence of 10 years to life in prison, according to the office of District Attorney Cyrus Vance.

Weinstein, 66, once one of Hollywood's most powerful filmmakers, has pleaded not guilty to the first set of charges and has denied ever having non-consensual sex. His lawyer, Benjamin Brafman, could not be reached immediately for comment on Monday.

Vance issued a statement about the new charges saying, "This indictment is the result of the extraordinary courage exhibited by the survivors who have come forward. Our investigation continues."

More than 70 women — mostly young actresses and women in other aspects of the movie business — have accused the Miramax film studio's co-founder of sexual misconduct, including rape, in a series of incidents dating back decades. The accusations gave rise to the #MeToo movement,

"This indictment is the result of the extraordinary courage exhibited by the survivors who have come forward."
The Office of District Attorney Cyrus Vance

which has seen hundreds of women publicly accusing powerful men in business, government and entertainment of sexual harassment and abuse.

Weinstein has been free on a $1 million bail after surrendering in May to face the first set of charges, which came after a months long investigation by the New York Police Department.

Prosecutors have not named any of the women accusing Weinstein of sexual assault in court papers.

The details of one of the cases in the earlier charges align with the account of Lucia Evans, a former aspiring actress who told the New Yorker in October 2017 that Weinstein forced her to perform oral sex on him in 2004. The earlier indictment also accused him of raping a different woman in March 2013.

As the accusations against him came out, the Weinstein Co.'s board fired him, the company filed for bankruptcy in March, and the Academy of Motion Picture Arts and Sciences expelled Weinstein.

In years past, the academy had showered him with Oscars for a string of films that helped define independent cinema in the 1990s. Miramax and later the Weinstein Co put out acclaimed movies such as "Shakespeare in Love," "Pulp Fiction," "Sex, Lies and Videotape," "The Crying Game" and "The King's Speech."

London's Metropolitan Police and Los Angeles prosecutors have said they are reviewing accusations of sexual assault against Weinstein.

REUTERS

ISTOCK

Stay healthy in the summer heat

Mount Sinai

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Stay Healthy

You have medical questions?

We have answers. Metro is teaming up with the experts at the esteemed Mt. Sinai hospital to provide answers to New Yorkers' most pressing medical concerns. Send us an email at askmtsinai@metro.us. We'll select one question and publish an answer every other week.

Summer may be less than a month old, but we are already feeling the heat -- a lot of it. We talked about how to stay healthy and safe when the mercury rises with Dr. Elizabeth Garland, director of the Division of Preventive Medicine and Community Health and associate professor, environmental medicine and public health, pediatrics at the Icahn School of Medicine at Mount Sinai Health System,

What is a heat wave?
A heat wave can be defined as a period of, usually, three to five or more consecutive days with uncomfortably hot weather (around 90 degrees Fahrenheit).

Why is the air quality so much worse during hotter months?
Air quality tends to be worse during the summer months due to the presence of photochemical oxidants, emissions and particulate matter in a more stable atmosphere, creating stagnant air. The higher temperatures and ultraviolet radiation are breaking down more ozone in the air during this season, and emissions enter the air from cars, trucks, planes, and power plants, for example. There also tends to be higher concentrations of particulate matter in the air during the summer months.

What can you do to protect yourself against pollution in summer?
To protect against pollution, avoid being outdoors and exercising at times of day when and where particle-pollution levels are generally high. This includes morning and evening rush hour, locations along busy roadways and times when there is smoke in the air from wood stoves, fireplaces or forest fires. On the occasional days when ozone and particle-pollution levels are extremely high all day, it may be prudent to avoid or reduce the intensity or duration of exercise. Physical activity in the morning is beneficial because ozone levels are lower. Ozone levels tend to rise throughout the day because sunlight makes ozone pollution worse.

What diseases or illnesses are linked to bad air quality?
People with chronic cardiac and lung diseases, such as asthma and chronic obstructive pulmonary disease (COPD), as well as the very old and very young are more susceptible to high levels of ozone air pollution. Ozone is a known trigger for asthma exacerbations. Mortality rates are generally higher on days when ozone concentrations are high than when they are low. Particulate air pollution is associated with increased daily mortality and with adverse events in patients with underlying cardiovascular disease.

In addition, the health effects of air pollution exposure on children start prenatally with increased risk for preterm birth and low birth weight and continue into childhood with increased susceptibility to respiratory viral infections and higher risk of developing asthma as well as poorer control of asthma. Higher exposure to outdoor air pollution has also been associated with poorer cognitive development and lower IQ, an effect that may disproportionately impact impoverished children. Air pollution exposure has also been associated with increased risk high blood pressure, obesity and insulin resistance (increasing the risk for type 2 diabetes) in adolescents -- all of which contribute to poorer health throughout life. **SHEILA DOUGHERTY**

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					2 people	$57,771 - $108,550
1 bedroom	100% AREA MEDIAN INCOME (AMI) UNITS	$1,881	6	→	1 person	$64,491 - $95,030
					2 people	$64,491 - $108,550
2 bedrooms		$2,270	1	→	2 People	$77,829 - $108,550
					3 people	$77,829 - $122,070
					4 people	$77,829 - $135,590
2 bedrooms	105% AREA MEDIAN INCOME (AMI) UNITS	$2,387	4	→	2 people	$81,840 - $108,550
					3 People	$81,840 - $122,070
					4 people	$81,840 - $135,590
2 bedrooms	110% AREA MEDIAN INCOME (AMI) UNITS	$2,505	4	→	2 people	$85,886 - $108,550
					3 People	$85,886 - $122,070
					4 people	$85,886 - $135,590
2 bedrooms	115% AREA MEDIAN INCOME (AMI) UNITS	$2,622	2	→	2 people	$89,897 - $108,550
					3 People	$89,897 - $122,070
					4 people	$89,897 - $135,590

[1] Tenant is responsible for electricity and gas (cooking and heating).
[2] Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.
[3] Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.
[4] Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application **by mail, send a self-addressed envelope to: Wexford Terrace, C/O Metropolitan Realty Exemption, 118 Middleton Street, Brooklyn NY 11206.** Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **August 10, 2018**. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an appointment to continue the process of determining your eligibility. Appointments are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español Presente una solicitud en línea en nyc.gov/housingconnect. Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: **Wexford Terrace, C/O Metropolitan Realty Exemption, 118 Middleton Street, Brooklyn NY 11206.** En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de 10 de agosto 2018.

简体中文 访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的简体中文版，请将您的回邮信封寄送至：**Wexford Terrace, C/O Metropolitan Realty Exemption, 118 Middleton Street, Brooklyn NY 11206.**信封背面请用英语注明"CHINESE"。必须在以下日期之前在线 提交申请或邮寄书面申请 2018年8月10日。

Русский Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect. Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу **Wexford Terrace, C/O Metropolitan Realty Exemption, 118 Middleton Street, Brooklyn NY 11206.**На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее 10 август 2018.

한국어 nyc.gov/housingconnect 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를 **Wexford Terrace, C/O Metropolitan Realty Exemption, 118 Middleton Street, Brooklyn NY 11206.** 으로 보내주십시오. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주십시오. 2018년8월10일까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.

Kreyòl Ayisyien Aplike sou entènèt sou sitwèb nyc.gov/housingconnect. Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlòp ki gen adrès pou retounen li nan: **Wexford Terrace, C/O Metropolitan Realty Exemption, 118 Middleton Street, Brooklyn NY 11206.**Nan dèyè anvlòp la, ekri mo "HATIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat out 10, 2018.

العربية تقدم بطلب عن طريق الإنترنت على الموقع الإلكتروني nyc.gov/housingconnect للحصول على ترجمة باللغة العربية لهذا الإعلان ولنموذج الطلب الورقي، أرسل مظروف يحمل اسمك وعنوانك إلى: **Wexford Terrace, C/O Metropolitan Realty Exemption, 118 Middleton Street, Brooklyn NY 11206**. على الجهة الخلفية للمظروف، اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال نماذج الطلبات عن طريق الإنترنت أو ختمها بختم البريد قبل 10 أغسطس، 2018.

Mayor Bill de Blasio • HPD Commissioner Maria Torres-Springer

@metro newyork

the GRUMBLE

Pat King
Grumble Editor

Hello Grumblers! We're taking off for the Fourth, but we have a couple great reader write-ins today that will surely hold you over until Thursday. Enjoy your BBQs and don't feel bad about nudging your way through the crowded masses to get the best view of the fireworks this year!

READER WRITE-INS:

FARTING!
Farting on the bus next to me makes me so mad. I feel like I'm eating someone's butt!! It goes in my mouth and it disgusts me!!! Please hold your farts I don't care if you burst open. I hate farts.
- Kalea Mckoy, *Metro Philly reader*

OBEY THE BIKE LAWS!
I'm reaching out to grumble about all the bike riders who DO NOT obey the traffic laws! With all the bike lanes around the city to accommodate bike riders, you would think they would show their appreciation by following the laws. As a driver if I run a red light, they have cameras & cops to ticket me &/or add points to my license. This causes you to pay more fines if you're a repeat offender & your insurance (which is already one of the highest in the country) to increase. Why? Because I can seriously injure or kill a pedestrian while breaking the traffic laws. What is being done about these bike riders who carelessly run through the red light & put pedestrians at risk? They can also seriously injure someone or kill someone's child with enough impact. I'm currently 7 months pregnant & they really pretend that they don't see people crossing the street. Some even get attitudes as if they have the right away, ughhhhhhhh. There are some that do follow the law, and then you'll see the rogue riders pedaling right pass them at the light as if it doesn't apply to them. Police need to start ticketing them more and I'm sure it'll reduce this bad behavior.
- Q, *Metro reader from Brooklyn*

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The winning caption from Latasha Campbell, Metro Philly *reader*

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Aries Get involved in fun events or sign up for a physical challenge. Participation will enhance your life and lead to personal growth. Romance is favored.

Taurus Don't leap before you look. Test the waters and find out what works for you before you venture in too deep. Back away from an argumentative situation.

Gemini Taking short trips, engaging in lively discussions and contemplating what's available to you will help you find the right path. Don't act in haste; time is on your side.

Cancer Aim high and trust in your ability to bring about positive change. Let your uniqueness shine through in all that you do.

Leo Your desire for change will lead you down a slippery slope. Don't jump into something before you know what's entailed and how much it will cost. Choose to be cautious.

Virgo Your creative imagination will be in overdrive. If you harness your ideas and give them a realistic spin, you will develop a quite profitable plan.

Libra Keep moving forward. If you lag or stop along the way, you will miss your mark. Look, see and do, and don't stop until you reach your destination. Romance will brighten your day.

Scorpio Pour your heart and soul into something you love doing. Don't let what others do or say drag you down. It's up to you to put your plans in motion.

Sagittarius Trust in yourself. Don't let someone take advantage of you or use emotional tactics to persuade you to get involved in something that doesn't benefit you directly. Personal improvements are highlighted.

Capricorn A change will do you good. Rearrange your furniture or alter your routine to add to your convenience or to fit in something you want to pursue.

Aquarius Do what suits you and refrain from following someone who tends to be extravagant or indulgent. Personal or spiritual growth will give you a new perspective on life, love and happiness.

Pisces Express your ideas and listen to the feedback you get from someone you trust. Your ideas may be unique, but they must be practical as well if you want to be successful. EUGENIA LAST

People Power brews by (from left) Industrial Arts Brewing Company in the Hudson Valley, Threes Brewing and Interboro Spirits & Ales in East Williamsburg. They'll be available starting July 4 through Election Day, Nov. 6. **PROVIDED**

Raise these beers to freedom

Threes Brewing created suds to support the ACLU — and started a nationwide movement, with more than 50 breweries taking part.

EVA KIS
eva.kis@metro.us

Since opening in December 2014, Josh Stylman and his crew at Threes Brewing in Brooklyn have created more than 170 beers. After the 2016 election, they decided to try a new ingredient: activism.

"We tend to have a predisposition toward human equality," he says modestly.

It all started on Inauguration Day 2017 with a brew called Courage, My Love, with 10% of proceeds going to the American Civil Liberties Union. Later that year during Pride Month, they launched Gender Neutral to benefiting the LGBTQ community through the NYC Anti-Violence Project.

This Fourth of July, Threes is diving back into the fight to defend civil rights with the ACLU through a beer called People Power, named for the first grassroots initiative in the agency's 100-year history. "Typically, they're not a volunteer organization, but [People Power] was inspired by a lot of people desiring to be more active," says Stylman.

"I'm really passionate about the fact that they're doing work that is protecting all of our liberty in a non-political way. This is not about the Red Team or the Blue Team — our hope is that people with really broad political ideologies join this cause."

Signing up for People Power puts you in touch with community protests and other local activist gatherings. In that spirit, It is also not brewing alone: It's reached out to fellow brewers and friends of friends — and when you're an upstart brewery in Brooklyn, that includes big names like Mikkeller, Bearded Iris and Kent Falls Brewing. To date, it's been joined by 55 breweries from Massachusetts to Hawaii making their own People Power beers.

Join the People Power kick-off party on July 4 at Threes in Gowanus. **PROVIDED**

"Our thought is that we don't want to impose a style [of beer], particularly in a ground-up movement like this," Stylman says. "Expression comes in many shapes and sizes, or in this case, flavors. And our feeling was, every brewery should put forth the style that best represents them."

The brews will be released between Independence Day (July 4) and Election Day (Nov. 6). And for each can sold and pint poured, 10% of proceeds go to support the ACLU.

At Threes, Stylman chose one of his favorite styles of beer, which his brewery is becoming known for — the Vliet pilsner just won Best in Show at the New York State Fair out of more than 700 entries.

The People Power Pilsner is "a really easy-drinking beer, particularly for this time of year." With an ABV of 5%, it's the kind of light and not-too-strong beer you want to bring to the beach.

"Beer is very context-dependent," Stylman says. "Pilsner is a beer that, if made right, can be complex. I'm more the kind of person who wants to drink a few with my friends and just enjoy it."

And for the people who will inevitably chime in with "stick to making beer," the People Power pledge that brewers are asked to sign says it best:

"We brew beer for the moments we celebrate and the way it brings people together. Throughout the nation, breweries are pillars in local communities, creating gathering places in our neighborhoods. As we are uniquely positioned to raise awareness and bolster civic engagement, we feel a moral imperative and a patriotic duty to act."

Sounds like a perfect toast for the Fourth of July.

Threes Brewing will launch People Power with a July 4 cookout from 2 p.m.-10 p.m. at its Gowanus location, 333 Douglass St. There will be barbecue and classic grill fare by the Meat Hook and Western swing music by Blue Steel. Entry is free.

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Light it *up*

Your guide to the best Fourth of July parties with views of the fireworks.

EVA KIS
eva.kis@metro.us

William Vale

Watch the Fourth of July fireworks two ways at Williamsburg's hip William Vale Hotel — both events include a buffet of classic American cookout food like hot dogs and pulled pork in the ticket price, while drinks are pay-as-you-go. The Vale Terrace is the open-air venue on the fourth floor ($75) or dress to impress for Babel's rooftop soiree at Westlight ($100-$150). ***6:30-10 p.m., 111 N. 12th St., Brooklyn***

Zum Kaboom

The East Village's favorite German beer hall Zum Schneider sets up a beer garden right on the riverside for Zum Kaboom, the closest you'll get without fighting for lawn space in a park. There will be tons of pay-as-you-go cookout food like hot dogs, corn on the cob and potato salad as well as German specialties like nacken-steaks and currywurst, along with German and American beer, wine and cider. DJ Volka Racho will be spinning until the show starts. ***$44, 5-10 p.m., 24-20 FDR Drive at 23rd Street***

Northern Territory

One of Brooklyn's best rooftop bars also happens to have unobstructed East River vistas. July 4th specials include boozy cotton candy and red, white and blue drink specials. The best part? Since the Greenpoint bar was founded by Australian immigrants, they're donating $20 from each ticket to the Asylum Seeker Advocacy Project, which works with refugee families who have come to the U.S. fleeing violence. There are no advance tickets, so you'll have to bring $60 cash when the doors open at 4 p.m. ***Must be 21+, 12 Franklin St.***

Brooklyn Barge

The fireworks will be fired off right in front of Greenpoint's seasonal floating bar Brooklyn Barge, which just added frozen drinks to its menu to keep you cool until then. Dig into a family-style barbecue feast with steaks and shrimp, plus Steve's Authentic Key lime pie and a flavored ice or ice cream. Arrive between 5-6:30 p.m. for a complimentary drink, otherwise the bar is pay-as-you-go. Tickets start at $155 for seats on the dock and $225 on the barge, with limited standing room tickets

Zum Kaboom at SolarOne in Kips Bay.
ZUM SCHNEIDER

The William Vale in Williamsburg has views from the fourth floor and the rooftop. PROVIDED

The Crown BRANDON HARDIN

sold day-of. ***Must be 21+, 79 West St.***

The Crown

At 21 floors high, Chinatown's The Crown rooftop bar has enviable unobstructed views in every direction. Though it's south of the action, there's nothing along the East River that rises nearly as tall. The party starts at 4 p.m. with a one-hour vodka open bar, continuing until midnight. Get in for $55 — just be sure to stake out a spot on the northern patio before the action starts. ***50 Bowery St.***

Elsewhere

Ready to party for eight hours? Bushwick's hot new rooftop Elsewhere hosts PopGun's Fourth of July party with live house, disco and soul DJs from 2-10 p.m. To keep you going, Holy Ground BBQ is serving up pulled pork, brisket and char-grilled veggies. ***Must be 21+, free before 4 p.m. with RSVP, $15 advance or $20 door, 599 Johnson Ave., Brooklyn***

One World Observatory

It doesn't get higher than the city's tallest building with its 100th floor One World Observatory, where you'll have vantage points on both the Macy's Fourth of July fireworks and New Jersey's show over the Hudson River. An open bar and "all-American" buffet are included in your ticket, which start at $250 (wine and beer) or $325 (cocktails). ***8-10 p.m., 1 World Trade***

Empire State Building

For sky-high views, there's no better spot than the Empire State Building. New this year is a premium open bar and hors d'oeuvres for its viewing party on its iconic 86th floor observation deck. Note that it's standing room only and you're paying a serious premium for that view: $500. After the fireworks, guests are welcome to go even higher to the enclosed 102nd floor. ***7:30-10 p.m., 350 Fifth Ave.***

Sail right up to the action

Nothing gets you closer to the action than a harbor cruise, provided you're also down for spending four+ hours on the water. Here are your best options:

Liberty Belle: The classic Mississippi riverboat offers three floors of live music with an open bar *($119.50, Pier 36, 6 p.m., 21+)*

Audubon Yacht: Enjoy a dinner buffet and open bar with two floors of family-friendly dancing *($169, Pier 15, 5 p.m.)*

Empire Cruises: Have a family-friendly outing with open bar and dinner buffet aboard the Timeless *($199, Pier 26, 5 p.m.)*

North River Lobster Co: Take a dinner cruise with your own personal lobster feast, standard open bar and DJ *($318, Pier 81, 6 p.m.)*

Manhattan by Sail: Help hoist the sails on either the Clipper City or Shearwater before setting out with a full open bar and all-you-can-eat barbecue *($450, 5:30 p.m.)*

Schooner Adirondack: Take an old-school sail with unlimited beer, wine and bubbles, paired with hors d'oeuvres *($468, Pier 62, 6:50 p.m.)*

Hornblower Esprit: Opt for an ultra-luxurious evening with a six-course dinner and top shelf open bar *($700, Pier 15, 7 p.m.)*

APPROVED
NOVEMBER 14, 2017
INTEGREVIEW
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Where to see the fireworks free

You don't have to splash out for a waterfront party to watch the Macy's Fourth of July spectacular over the East River.

EVA KIS
eva.kis@metro.us

If you don't have the scratch to watch the Macy's Fourth of July fireworks from a party with views of the action, parks are always a good option.

For its 2018 Fourth of July fireworks show, Macy's will line up seven barges — that's two more than last year — on the East River between 23rd and 40th streets. That means Brooklyn Bridge Park and the South Street Seaport are out, and Roosevelt Island's Four Freedoms Park party is reserved for residents. But there are plenty of other free public viewing spots.

Catch the fireworks from one of Gantry Plaza State Park's four piers or its waterfront promenade. SHIYA SUZUKI, FLICKR

Gantry Plaza State Park

Watch the fireworks from the wide waterfront promenade of Long Island City's Gantry Plaza State Park, or get as close to the action as possible without being on a boat on one of its four piers — if you arrive early (like, hours early). Bonus: After the show, skip the subway and take the East River Ferry.

Note that Gantry's sister park, Hunter's Point South, will be closed for a private viewing party.

Transmitter Park

Greenpoint's recently revamped WNYC Transmitter Park sits right on the water next to the Brooklyn Barge, putting it closer to the action than most other parks along the riverfront. Grab a pizza from Paulie Gee's and a cake from Ovenly on your walk out there, spread out a picnic blanket and enjoy your evening.

East River Park

A rare Manhattan vantage point with green space, you can still get a decent view of the show from the East River Park's northern end. With 57 acres of bike paths, playgrounds, playing fields and gardens, you can make a day of it at this 1.5-mile riverside park in the Lower East Side before settling in for the fireworks.

Grand Ferry Park

Perched on the Williamsburg waterfront, Grand Ferry Park is light on amenities but offers unobstructed views of all the barges.

Domino Park

Williamsburg's just-opened Domino Park will be the hotspot of this year's Fourth of July fireworks audience, with water features and imaginative playground to keep kids entertained before the show. Upgrade your experience with unlimited tacos and margaritas (and tons more food and drinks) from Danny Meyer's new Tacocina for $100.

FDR Drive

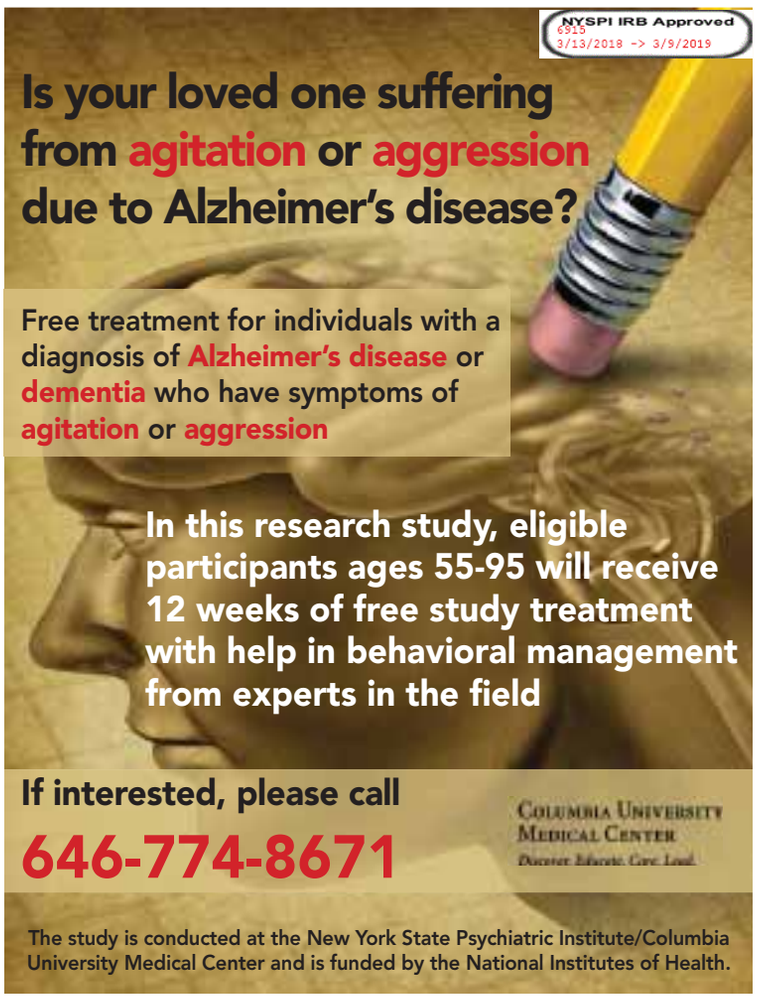
All of the official Macy's 4th of July fireworks viewing spots are located along FDR Drive, which will be closed to traffic. There are four main areas to gather, from south to north: Houston, 18th, 23th, 34th and 42nd streets. You'll find some of the most dramatic views courtesy of the Queensboro Bridge at 42nd Street. At 34th and 23rd streets, you'll be right in front of the barges.

Williamsburg Bridge

You don't need to be next to the fireworks if there are no buildings in the way! You'll have an amazing vantage point on the action from either side of the Williamsburg Bridge. Bonus: not having to jostle with the Midtown crowds to get on a train afterward.

Flee the crowds in Coney Island

Forget the hassle of trying to get to the same fireworks as everyone else and use the long weekend to cross off a major NYC bucket list item. Head to Coney Island to personally witness the modern-day feat of strength that is Nathan's Famous Hot Dog Eating Contest. Arrive early (action starts at 10 a.m.); once the champion is crowned, spend your day riding the rides, browse the Coney Art Walls murals and check out the New York Aquarium's new Sharks! exhibit. Be on the Boardwalk when fireworks start at 9:30 p.m.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What's next for John Tavares-less Islanders?

Four names the Islanders could pursue after losing out on their captain.

JOE PANTORNO
joseph.pantorno@metro.us

The New York Islanders are left to pick up the pieces of John Tavares' exit, the 27-year-old star captain opting to sign a seven-year, $77 million deal on Sunday with his hometown Toronto Maple Leafs.

It's a bitter pill for the franchise to swallow after Tavares continuously claimed he wanted to re-sign with the franchise that drafted him and did not want to be traded at the February deadline. Instead of getting a sizable return for the five-time All-Star, the Islanders get nothing as he walks.

Now Lou Lamoriello will be tasked with trying to replace the star power that has departed with Tavares because as things currently stand, the Islanders would be a longshot to contend for the postseason.

In the immediate aftermath of Tavares signing with Toronto, the Islanders didn't help the feeling of doom and gloom by signing Leo Komarov and Valtteri Filppula, two veterans that will do nothing more than contribute to lower lines and the penalty kill, at best.

Luckily for Lamoriello, the Islanders have over $24 million of cap space this summer that can be used to secure some big names in New York, whether it's through trades, free agency or offer sheets.

Here are a few options that could be pursued:

John Tavares' unceremonious exit has left the Islanders in a difficult spot. GETTY IMAGES

ERIK KARLSSON

As reported on Sunday, the trade market for Karlsson has picked up since the start of free agency. With one year left on his deal and his future with the Ottawa Senators uncertain, it might be best to trade one of the best defensemen in hockey as soon as possible in order to maximize a return.

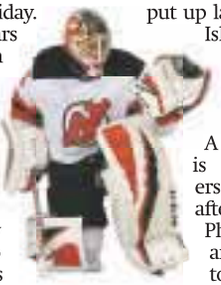
The Senators might use the opportunity to unload the bad contract of Bobby Ryan, an underachieving, aging goal scorer who provides a $7.25 million cap hit from now until 2022, but it would be a small price to pay in order to acquire the two-time Norris Trophy winner. If Ottawa wants to get as large a return as possible, it might want to go the sign-and-trade route to ensure the team that gets Karlsson will keep him for more than just a year.

The Islanders had the worst defense in hockey last season and have the draft picks and young assets needed to pique the Senators' interest.

ARTEMI PANARIN

The Columbus Blue Jackets left winger, like Karlsson, is a free agent at the end of the 2018-19 campaign and has seen his name crop up in trade talks. The Islanders were listed as possible suitors by TSN's Darren Dreger on Friday.

At 26 years old, Panarin is coming off another consistent season in the NHL. After being traded by the Chicago Blackhawks last season, the Russian accrued a career-high 82 points (27 G, 55 A). That's just two points less than what Tavares put up last season for the Islanders.



CORY SCHNEIDER

A No. 1 goaltender is atop the Islanders' team needs and after missing out on Philipp Grubauer and Carter Hutton, the Islanders might have to acquire their netminder via trade. Especially if they opt not to go for or miss out on Robin Lehner.

Schneider could be expendable for the New Jersey Devils. After splitting time with Keith Kinkaid, the 32-year-old had offseason hip surgery that forced the Devils to sign Eddie Lack as a backup.

With a .920 career save percentage and 2.36 goals against average, the Islanders could offer the Devils a youngster or two for a goalie that is signed through the 2021-22 season.

WILLIAM NYLANDER

At 22 years old, William Nylander has quite a high ceiling in the NHL. He's recorded over 60 points for two-straight seasons with the Maple Leafs and can play either center or right wing.

With NHL Rookie of the Year Mathew Barzal likely set to be promoted to the first line to fill the void left by Tavares, Nylander could be a promising second-line option. As an unrestricted free agent, the Islanders could float a high offer sheet in the Swede's direction that the Maple Leafs simply couldn't match.

While it might cost a draft pick or two in order to compensate the Leafs, it would be worth it to bring on a young talent that could pack quite a 1-2 punch with Barzal.

Monday at the 2018 FIFA World Cup

MEXICO OUT AT ROUND OF 16 AGAIN, LOSE TO BRAZIL

For the seventh-straight World Cup, Mexico has been eliminated in the Round of 16 after a 2-0 defeat at the hands of Brazil.

Neymar opened the scoring for the South American powerhouse before Roberto Firmino polished off the pushing El Tri in the final moments to move on to the quarterfinals.

ROUND OF 16

2	NEYMAR 51' FIRMINO 88'	
0		

BELGIUM COMES BACK FROM 2 DOWN TO SHOCK JAPAN

Nacer Chadli's 94th-minute winner completed Belgium's 3-2 comeback win over Japan after trailing 2-0 with 38 minutes to go.

Jan Vertonghen sparked the comeback with a header in the 69th minute before Marouane Fellain's header equalized just five minutes later to save the No. 3 team in the world.

ROUND OF 16

3	VERTONGHEN 69' FELLAINI 74' CHADLI 90+4'	
2	HARAGUCHI 48' INUI 52'	

WORLD CUP ROUND OF 16 SCHEDULE

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2 PM, FOX

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What are Knicks getting in Hezonja?

It's not a huge signing, but the Knicks nabbed a developing youngster in Hezonja.

JOE PANTORNO
joseph.pantorno@metro.us

Mario Hezonja inked a one-year, $6.5 million deal with the Knicks on Sunday afternoon. GETTY IMAGES

Don't expect the New York Knicks to make huge splashes in free agency this summer like the NBA world saw on Sunday with Paul George opting to stay with the Oklahoma City Thunder and LeBron James joining the Los Angeles Lakers.

With an eye on next summer instead, more moves like the minor one made over the weekend are par for the course. The Knicks inked small forward Mario Hezonja to a one-year, $6.5 million deal to provide yet another option to the front court.

Hezonja is just 23 years old and struggled to find his legs in the NBA after being selected fifth overall by the Orlando Magic in 2015. The Croatian has averaged just 6.9 points per game over his first three years in the NBA but has steadily improved in the process including a 9.6-point-per-game 2017-18 season.

At face value, this looks like nothing more than a depth signing. The 3 became a major position of need after it was clear that Tim Hardaway Jr., who was signed to a four-year, $71 million contract last summer, could in no way be a replacement for Carmelo Anthony. Granted, it would be unfair to ask anyone to step in and play at an All-Star level like Anthony did for seven years in New York.

But the Knicks are being proactive in addressing the small forward spot as they drafted Kevin Knox out of Kentucky with the ninth-overall selection at the end of June. At 18 years old, he has some developing to do in order to become a consistent contributor at the NBA level, but his ceiling is awfully high on a team that has one eye on the future.

The signing of Hezonja ensures that Knox won't just be thrust into the starting role and given a sink or swim ultimatum. It is also continuing the trend of general manager Scott Perry giving high draft picks that haven't met their potential another shot in the NBA.

In the past year alone, the Knicks have helped the resurgence of Trey Burke's career before acquiring Emmanuel Mudiay from the Denver Nuggets at the trade deadline. Burke was selected ninth in 2013 while Mudiay was taken just two slots after Hezonja three years ago.

The obvious knock to Hezonja's game is his inability to consistently shoot the three ball. He's at a 33.2-percent clip in 219 career games. But he is an athletic threat at 6-foot-8 that can put the ball on the floor and drive to the hoop effectively. Last season saw Hezonja convert 69.1-percent of his attempts at the basket, which is better than Knicks center Enes Kanter's 68.3-percent clip.

Joining a roster filled with players who have chips on their shoulders and youngsters ready to prove themselves, there is a chance that Hezonja could continue moving toward meeting that potential that had NBA scouts so intrigued three years ago when he came over from Europe.

STUDY PARTICIPANTS NEEDED
Mount Sinai Hospital

The Mood and Anxiety Disorders Program at Mount Sinai School of Medicine is seeking **study participants**, age 18 to 65, to participate in a research study to help understand the antidepressant effect of an investigational new medication for depression.

We are looking for male and female participants who:

1 Currently have a depressive disorder, including Major Depression
2 Are in good physical health

→ The research study will be conducted by:

Dr. James Murrough at the Mood and Anxiety Disorders (MAP)

1428 Madison Avenue, Atran Building E level

→ Participation will include:

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- Thorough psychiatric and medication evaluation (~4 hours)
- Compensation provided

→ For more information, please call 212-241-3089 or email at megan.hoch@mssm.edu

→ If you are interested in participating, please take our online pre-screen by following this link or navigating to the link below or scanning this QR code

https://www.inchoir.org/redcap/redcap/surveys/?s=VionGV8Bjh

GCO# 16-0374 PI: James Murrough, MD, PhD

Healthy heroin abusers (men and women, ages 21-59) are needed for an 8-week inpatient study investigating medication effects at the NY State Psychiatric Institute. Earn approximately $6550-7350. Call the Substance Use Research Center at (646) 774-6243.

Mount Sinai

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- Feeling jumpy or anxious?
- Being less interested in people or activities?

Icahn School of Medicine is conducting a PET/MR imaging research study to look at inflammation as it relates to stress and PTSD. You may be eligible to participate if you have experienced a trauma that could cause PTSD and are between 30-65 years old.

Participation involves a thorough psychiatric and medical screening and a PET scanning visit. You will be compensated for your time.

Please contact Brittany Cho at (212)-241-7906 or at brittany.cho@mssm.edu.

PI: Zahi Fayad, GCO 15-0893

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Approved: 04/03/2018
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NOTICE IS HEREBY GIVEN that a license, Serial #1311406, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 462 West 49th Street, New York, NY 10019. New York County, for on premise consumption. PBNYC 2 Corp.

NOTICE IS HEREBY GIVEN that a license, Number 1311478, for Liquor, Wine, Beer & Cider has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Bar/Tavern under the Alcoholic Beverage Control Law at 3821 Broadway, New York, NY 10032. New York County, for on premises consumption. 3821 Broadway Café LLC.

NOTICE IS HEREBY GIVEN that a license, Serial Number 1311292, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail under the Alcoholic Beverage Control Law at 139 W. 28th St., New York, NY 10001. New York County, for on premises consumption. SMON Inc.

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NOTICE IS HEREBY GIVEN that a license, Number 1310356, for On Premise Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 10-09 50th Ave., Long Island City, NY 11101. Queens County, for on premises consumption. Corazon De Mexico Corp. d/b/a La Adelita Bakery.

NOTICE IS HEREBY GIVEN that a license, Serial Number 1311310, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail under the Alcoholic Beverage Control Law at 137 E. 13th St., New York, NY 10003. New York County, for on premises consumption. Silky Hospitality Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1311389, for Liquor, Beer & Wine has been applied for by the undersigned to sell Liquor, Beer & Wine at retail under the Alcoholic Beverage Control Law at 31-29 Ditmars Blvd., Astoria., NY 11105. Queens County, for on premises consumption. Burgerology Astoria LLC.

NOTICE IS HEREBY GIVEN that a license, Number 1310640, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Gastropub under the Alcoholic Beverage Control Law at 2 St Marks Place, New York, NY 10003. New York County, for on premises consumption. StMarks Café LLC.

NOTICE OF FORMATION of Quality Finishes Painting L.L.C. Articles of Org. filed with the Secy. of State of New York (SSNY) on 05/17/2018. Office location: Bronx County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 100 Bellamy Loop, Bronx, NY 10475. Purpose: Any lawful activity.

NOTICE IS HEREBY GIVEN that a license, Number TBA, for Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 72 5th Ave., Brooklyn, NY 11217. Kings County, for on premises consumption. Made In SUD Restaurant Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1311097, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail under the Alcoholic Beverage Control Law at 3938 E. Tremont Ave., Bronx, NY 10465. Bronx County, for on premises consumption. East West Broadway Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1311061, for Wine, Beer & Cider has been applied for by the undersigned to sell Wine, Beer & Cider at retail in a Cafe under the Alcoholic Beverage Control Law at 117 W. 46th St., Ground Floor, New York, NY 10036. New York County, for on premises consumption. Convene 117 West 46th LLC & For Five @ 117 West 46th, LLC.

Notice of Formation of HY & MEI LLC. Arts. of Organization filed with the Secretary of State of New York (SSNY), on 05/04/2018. Location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to 1501 Broadway, Suite 2600, c/o Gabby Chen, New York, NY 10036. Purpose: any lawful activity

NOTICE IS HEREBY GIVEN that a license, Serial # 1311413, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 35-01 Ditmars Blvd., Astoria, NY 11105. Queens County, for on premise consumption. Nino AQ LLC.

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Attorney(s) for Plaintiff(s):
ROSICKI, ROSICKI & ASSOCIATES, P.C., 2 Summit Court, Suite 301, Fishkill, New York 12524, 845-897-1600
Pursuant to a judgment of foreclosure and sale granted herein on or about January 29, 2018, I, will sell at Public Auction to the highest bidder at QUEENS COUNTY SUPREME COURT, located at 88-11 SUTPHIN BOULEVARD, JAMAICA, NEW YORK 11435 IN COURTROOM #25. On July 13, 2018 at 10:00am. Premises known as 167 FOCH BLVD, JAMAICA, NY 11434
Block: 12364 Lot: 114
ALL that certain plot, piece or parcel of land, situate, lying and being in the Borough and County of Queens, City and State of New York. As more particularly described in the judgment of foreclosure and sale. Sold subject to all of the terms and conditions contained in said judgment and terms of sale. Approximate amount of judgment $329,462.65 plus interest and costs.
INDEX NO. 19399/2013
Peter M. Wolf, Esq., Referee

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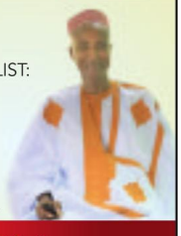

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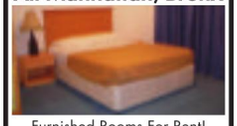

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metro.us/crossword

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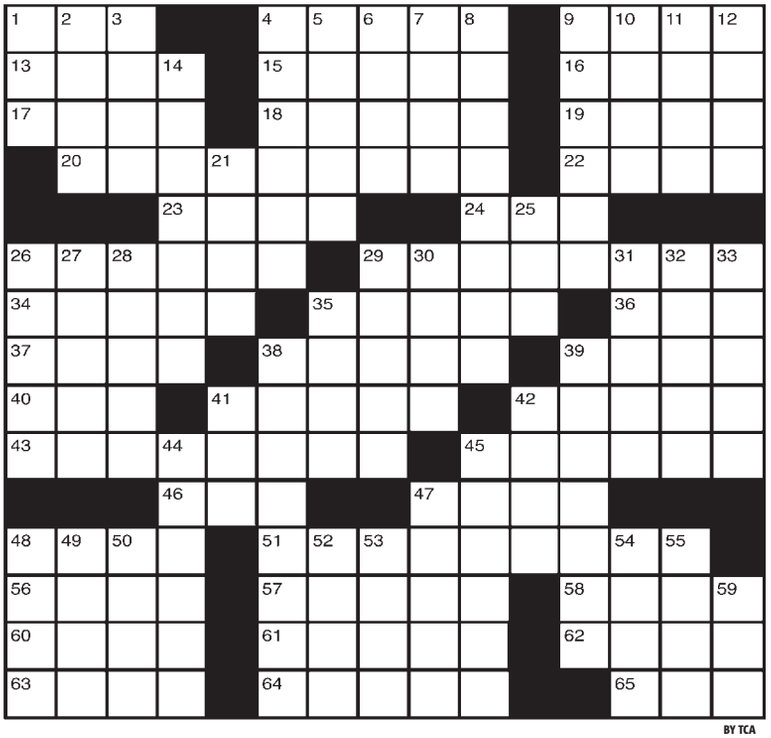

BY TCA

ACROSS

1 Actress Dennings
4 Digger's item
9 Likelihood
13 Former mates
15 Flagstaffs
16 Good buy
17 Slangy reply
18 Valuable thing
19 Plato or Carvey
20 Pharmacy
22 Nervous
23 Male turkeys
24 Suffix for govern or baron
26 Concurs
29 Sent in payment
34 Broadway productions
35 Entrance hall
36 Cochlea's place
37 Track-and-field event
38 Cried for a bowl of milk
39 __-blue; loyal
40 Annoy
41 Winslet and Middleton
42 Groups of cattle
43 Diminished
45 Wild brawls
46 Common conjunction
47 Corridor
48 Powder, for short
51 About to occur
56 Actor Sharif
57 For the time __; meanwhile
58 In __; impoverished
60 Fibula or femur
61 Steel-tipped spear
62 Fence opening
63 __ out a living; got by
64 Go into
65 Shade of brown

DOWN

1 __ lime pie
2 Fired from a job
3 __ up; shred
4 Charley horses
5 Mails
6 Too
7 Bambi, for one
8 Highly respected
9 Most peculiar
10 No longer with us
11 Mild oath
12 Kill
14 Sleep
21 Leaves
25 Man's title
26 Part of spring
27 Angry look
28 Luggage __; car roof toppers
29 Oared
30 "I Only Have __ for You"
31 __ Haute, IN
32 __ cologne; perfume
33 Gown
35 Celebration
38 Jawbone
39 __ off; reprimanding
41 Man's nickname
42 __ on to; kept
44 Holy
45 "Away in a __"
47 Therefore
48 "__ or not to be..."
49 Run __; go wild
50 "Penny __"; Beatles hit
52 Cruel
53 Two cups
54 __ as a pin
55 "__ move on!"; cry to a slowpoke
59 Lion's lair

metro.us/wordsearch

A	L	L	E	R	B	M	U	V	D
F	F	B	H	N	K	E	S	R	Z
V	O	L	L	E	Y	B	A	L	L
B	C	V	I	W	A	U	N	C	D
R	E	O	D	P	G	T	D	I	H
E	A	C	A	E	F	L	T	N	S
M	N	H	F	S	Q	L	Z	C	A
M	S	I	Q	J	T	I	O	I	L
U	L	T	X	Y	T	R	A	P	P
S	E	S	S	A	L	G	N	U	S

Beach
Coast
Flip Flops
Grill
Heat
Lifeguard
Ocean
Party
Picnic
Sand
Splash
Summer
Sunglasses
Umbrella
Volleyball

metro.us/wander

Category: Awesome Alliteration

L	G	L
O	N	O
V	E	S
O	L	T

Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

metro.us/sudoku

1	6	5		2	3			
9	4	2	8	6		7		
8	7	3	9		5	2	6	1
	1	9						4
			1		8			
7						6	1	
5	3	1	2		9	4	7	6
		7		1	6	9	2	3
			4	3		1	5	8

Yesterday's Answers

	M	E	W		U	N	C	A	P		A	B	L	E
M	A	X	I		P	E	A	R	S		R	E	A	L
P	L	O	T		S	E	P	T	I	C	T	A	N	K
H	E	R		B	I	D	E	S		O	I	N	K	S
		B	R	A	D	S			J	R	S			
A	V	I	A	T	E			S	E	P	T	U	M	
D	I	T	C	H		P	O	K	E	S		N	A	B
A	D	A	Y		T	U	L	I	P		D	I	N	E
M	E	N		B	I	T	E	S		T	I	M	I	D
	O	T	H	E	R	S			P	A	M	P	A	S
			A	G	E			P	I	P	E	R		
S	T	A	R	E		S	I	E	G	E		O	W	E
I	R	R	A	T	I	O	N	A	L		A	V	I	D
A	I	M	S		O	U	N	C	E		H	E	N	S
M	O	S	S		U	P	S	E	T		A	D	S	

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